

## VIDEO SHOOT ON "SIMPLE KERALA RECIPES"

A video was captured on the preparation of simple Kerala recipes by the students. The common recipes namely Pazhampori, Aviyal and Muttappalada were prepared in the Nutrition lab of the college. The process of preparation was video recorded. Ms. Noufia Thasni, Ms. Rameesa and Ms. Jasla Jasmin of Final year B.Sc. Family and Community Science demonstrated the cooking process and four other students helped them in pre preparation, recording and editing.

